Awakening the Spiritual Heart
Contemplative Formation Program
2020 - 21

Application Process: Instructions and Forms

**Step 1: Application Form:** Fill out and sign the form. A $50 non-refundable fee *must* accompany the application. Checks should be made out to *The Center at Mariandale* or call to use a credit card: (914) 941-4455. Upon acceptance into the program, the fee will be applied to the program’s tuition cost of $1990. Send completed application to Janet Corso at Mariandale (see address below) or copy and email (jecorso@aol.com). **Deadline for application: July 15, 2020**

**Step 2: Reflections Questions.** Answer the 5 reflection essay questions (below) on separate paper. These questions invite you to discern how God might be calling you to a more intimate relationship through this program of spiritual deepening by considering the wide scope of your life --- those events and experiences that have most influenced your inner journey. *Your answers should be in depth, but collectively not longer than 2 double spaced, typed pages.* If not accompanying the application form, your responses may be emailed to Janet Corso (jecorso@aol.com) as an attachment or mailed to her at Mariandale. **Deadline for reflection questions: July 15, 2020**

1. **What attracts you to this program and why do you believe that you are being invited to participate at this particular time in your life?**

2. **Describe your current spiritual practices.**

3. **What has been your experience of being drawn to the contemplative practices of listening, silence, and open availability to the Divine Presence?**

4. **What are your experiences and/or involvement in justice, volunteer or community work?**

5. **Highlight how some significant experiences and events in your life have influenced your spiritual journey.**

**Step 3: Two References:** Give the reference form to two (2) persons who are in a position to assess your suitability for the program. Have them complete the form, sign it and then mail it directly to Janet Corso at Mariandale or email it (jecorso@aol.com). **Deadline for both references: August 5, 2020**
Step 4. Personal Interview: You will be contacted about scheduling a personal interview with two team members in August 2020. On the application form you will have a choice of a weekday or evening appointment during the week. We hope that the time with us will help you in your discernment. Interviews will be informal, will last no more than 20 - 30 minutes and will take place at Mariandale. Kindly arrive a few minutes early. You will receive an email confirmation of your appointment time.

Orientation: Upon acceptance into the program, you will attend an orientation as part of the beginning of the program. On the application, you will indicate whether you prefer to attend the 3 hour session on Thursday, September 10th or the 3 hour session on Saturday, September 12th. Both are from 10 am to 2 pm.

Finally, we believe that by discerning this program that you recognize that God has placed a desire for a deepened contemplative life in your heart. Behold the dreamer cometh; let us see what becomes of his/her dreams. – Genesis 37

If you have any questions, contact Mariandale directly or Janet Corso: jecorso@aol.com

Janet Corso
Contemplative Formation Program
The Center at Mariandale
299 N. Highland Ave.
Ossining, NY 10562

See all forms below

Note:
Weekend dates of program: in 2020: Sept. 18 – 20 and Nov. 13 - 15; in 2021: Feb. 5 – 7; April 9 - 11; and June 4 - 6
Application Form 2020 – 2021

Awakening the Spiritual Heart: Contemplative Formation Program

Please print then fill out, sign, and mail in or email

Deadline: July 15, 2020

Name _____________________________________________________

Address _______________________________________________________________________

_______________________________________________________________________________

Phone (indicate home, cell, or work) ____________________________

Email address ___________________________________________________________________

Religious tradition ___________________________________________________________________

Current occupation or ministry ___________________________________________________________________

__________________________________________________________

Are you currently in spiritual direction? ______ If not, are you willing to enter into
spiritual direction/companioning during the program? ______

I prefer to come for my interview on a (choose one): _____ weekday afternoon OR
a _____ weekday evening.

I understand that if accepted, I will attend a 3 hour Orientation and prefer (choose one)
_____ Thurs. Sept 11 (from 10am to 2pm) OR _____ Sat. Sept 12 (from 10am to 2pm

I further understand that a critical part of the program is the monthly 2 hour gathering
with a small facilitated group to which I will be assigned. It will meet approximately 6
times over the length of the program. I prefer to be assigned to a group that meets on:
(choose one) ______ a weekday morning (9 – 11 am); OR ______ weekday afternoon
(1 – 3 pm); OR ______ weekday evening (6:30 – 8:30 pm).
Degrees, courses or programs you have taken relating to spirituality, theology, psychology, etc.

__________________________________________________________

__________________________________________________________

__________________________________________________________

Any social justice work or commitments

__________________________________________________________

__________________________________________________________

How did you hear about this program?

__________________________________________________________

Signature _______________________________________________ Date _______

Note: Your $50 non-refundable deposit (make check out to The Center at Mariandale) or call Mariandale to pay by credit card (914) 941-4455 ex 1, must accompany this application.

You will be notified that this application has been received and is being processed.

Email Janet Corso: jecorso@aol.com or mail to:

Janet Corso
Contemplative Formation Program
The Center at Mariandale
299 N. Highland Ave.
Ossining, NY 10562

BY JULY 15, 2020
Awakening the Spiritual Heart: Contemplative Formation Program
2020 – 2021

Personal Reference

Please address each question indicating your judgment of the applicant’s suitability for this formation program for furthering his/her spiritual life. After completion, email to Janet Corso at jeorso@aol.com or mail to:

Janet Corso
Contemplative Formation Program
The Center at Mariandale
299 N. Highland Ave. Ossining, NY 10562

Deadline for submission is August 5, 2020

Candidate’s Name: __________________________________________________________

1. For how long and in what capacity have you been acquainted with the applicant?

2. What is your appraisal of the applicant’s level of spiritual and psychological maturity?

3. Assess what you believe is the ability of the applicant to maintain the discipline of silence as well as to relate with others in one-on-one and group situations.
4. Please mention at least one area of the applicant’s life or ministry which you feel is in need of growth.

5. Do you wish to share other important information about the applicant?

Name (please print): _________________________________________

Signature: _________________________________________________

Date: __________________

Your email address or phone # in the event that we may need further information:

________________________________________