



Welcome Back to Mariandale!

Summer 2021 Schedule

It's been an unusual year, but we're welcoming guests back to the Center at Mariandale for private retreats, spiritual direction, and sponsored and hosted programs (with limited attendance, and with the safety of all in mind.)

You'll find a blend of on site and online programs this summer. We've found that our attendees enjoy a mix of formats.

We ask that you register for our programs online. Please go to our website at www.mariandale.org, and select **Calendar** or **Upcoming Events** to view and register for our future programs.

You can review our COVID-19 guidelines for this summer at <https://mariandale.org/about-us/covid19-alert/>

Thank you for your support and your friendship. We look forward to seeing you at Mariandale!

Please register online from our website at www.mariandale.org

June 2021

Guided Contemplation: Cultivating Awareness

Tuesday, June 1, 6pm to 7pm
Hosted by Madeleine Tacy, OP

MEETS ONLINE WEEKLY on Tuesdays at 6pm in June

Join us for guided zen contemplation, online. In each session, we will enter into silence in the sangha practice. We will expand our practice with brief direction and a silent sit.

Fee: Free will registration

Contemplative Prayer Online

Thursday, June 3, 11:30am to 12pm
Hosted by Gaynell Cronin

MEETS ONLINE WEEKLY on Thursdays at 11:30

Each Thursday, we gather as spiritual companions seeking God's guidance. Come join us in prayer for peace, for yourself, for others, and for the world.

Fee: Free will donation

Reading the Sunday Scriptures with a Contemplative Spirit

Weekly Friday, 11:30am to 12pm through June 11. Starts again in September.
Hosted by Gaynell Cronin and Jack Rathschmidt

MEETS ONLINE

Contemplation, according to Walter Burghardt, S.J., means taking a long, loving look at the real. Utilizing the cultures out of which the bible emerges, we will take a contemplative look at the Sunday scriptures to understand them, and to discern how we are called to live them.

Fee: Free will donation

Buddhist-Christian Dialogue: Without Buddha I Could not be a Christian

Saturday, June 12, 10am to 12pm
Hosted by Fernando Camacho, Maeve Eng-Wong, and Janet Reale

MEETS ONLINE

Join us for our semi-annual Buddhist-Christian Dialogue to discuss the connections between Buddhism and Christianity. Using the ideas and spiritual teachings of the book, *Without Buddha I Could Not be a Christian* by Paul F Knitter, we will explore the different practices, rituals, and symbolism. Participants do not have to have read the book to attend.

Knitter, a Christian theologian, examines his difficulties in affirming basic Christian beliefs, his journey of "passing over" to Buddhism, and a summary of what he has learned in "passing back" to his Christian faith with a new appreciation for the Christian mystical tradition that emphasizes unity rather than separation.

Fee: Free will donation

Please register online from our website at www.mariandale.org

Unity from the Depths: A Contemplative Response to Division Living from the Depths, from Chaos to Union

Sunday, June 13, 9am to 12:30pm
Hosted by Don Bisson, FMS & Janet Corso
MEETS ONLINE

This second program of a four-part online series, presented by the Center at Mariandale's Contemplative Formation Program team, is commissioned and sponsored by the Dominican Sisters of Hope, who believe that a contemplative response to polarization is the evolutionary and critical way toward greater unity.

Don Bisson and Janet Corso present **Living from the Depths, from Chaos to Union**. In these dangerous and challenging times, to live superficially and not plummet to depths leaves us vulnerable to projections, rigidity, and false innocence. The contemplative way is to penetrate deeper than the shadows and fears to a place of peace which the world cannot provide.

Fee: Free will donation

Healing Circle Online

Monday, June 14, 10:30 to 11:30am
Hosted by Beryl Hay
MEETS ONLINE Monthly on second Monday at 10:30am

The Haling Circle offers a safe and sacred way to connect to our breath while deepening meditation and mindfulness practices. Please join us as we go inward, taking time to breath collectively, listen deeply to our own inner voice and explore ways to support and nurture ourselves. Self-care is self-preservation. Spend an hour learning how to pause, breathe, be compassionate and care for your body, mind, and spirit.

Fee: \$10 suggested donation.

The Light of Inspiration Awaits: A Weekend Writing Retreat

Friday, June 18, 5pm to Monday, June 21, 1pm
Hosted by Magie Dominic
MEETS AT MARIANDALE

Join us at the Center at Mariandale this summer. Come together again in a writing community for a long weekend of discussion and workshops. This retreat welcomes all writers, including bloggers, poets, nonfiction and fiction writers, and memoirists. It is open to people who simply need space and quiet to focus on their work.

Each morning, you'll participate in a creative writing workshop with writing prompts and guidance. In the evenings you'll reconvene with the group for readings, writing discussions including writing techniques, essential tools needed for understanding how the publishing world works, the role of writing in one's life, and motivation.

Fee: \$425

The Transformative Power of Communal Contemplation and Dialogue

Saturday, June 26, 9:30am 5pm
Hosted by Nancy Sylvester, IHM

MEETS ONLINE

As we emerge out of a time of chaos, the healing of our future requires new responses. This next stage of our evolutionary journey calls forth in us a greater capacity for complexity and diversity. This program provides a framework to understand the times we are in and the power of contemplative practice. It will engage the participants in a variety of processes to practice ways of listening and speaking from a contemplative heart, so that we might find new and imaginative ways of moving into the future.

No Fee

Refreshing Summer Solitude: a Silent Directed Retreat

Sunday, June 27, 3pm to Friday, July 2, 11am
Hosted by Nancy Erts, OP, Maureen McMahon, RDC, Judy Schiavo

MEETS AT MARIANDALE

Join us at the Center at Mariandale for an onsite, in-person, silent directed retreat. Walk and enjoy our 61-acre campus overlooking the majestic Hudson River. You're invited to refresh your spirits and experience greater intimacy with God. There will be opportunities for meeting with an experienced spiritual director, time for personal prayer, rest, relaxation, pool time, walks, meditation, and contemplation. Social distancing protocols will be in place for the safety of our guests. Space is limited due to Covid protocols, so please register early.

Fee: \$525 (all inclusive)

JULY 2021

Crafters and Quilters Retreat: Creating with Joy & Laughter

Wednesday, July 7, 3pm to Sunday, July 11, 3pm
Hosted by Nancy Erts, OP & Patricia Werner

MEETS AT MARIANDALE

Enjoy exploring the carefree joys of summer with other creative women. We invite you to this in-person retreat (on site) at the Center at Mariandale. Social distancing protocols will be in place for the safety and consideration of our guests.

Use your imagination and senses to convey the joyful pattern or design of "little fishes" in the deep blue sea, either by quilting, or use another crafting medium. Our morning and evening prayer will focus on experiencing the happiness and joy of life's sunny side. The retreat will include time for rest and relaxation, walks, pool time, or just enjoying the beautiful Hudson River views. Please bring the equipment needed for your project.

Fee: \$425

Please register online from our website at www.mariandale.org

Healing Circle Online

Monday, July 12, 10:30am to 11:30am

Hosted by Beryl Hay

MEETS ONLINE

See description, page 2. The Healing Circle is held from 10:30 to 11:30am on the second Monday of each month.

Fee: \$10

Spiritual Life: It's All About the Relationships, with Sister Joan Chittister

Sunday, July 18, 2 to 3pm

Hosted by Sister Joan Chittister and Genesis Spiritual Life Center via Zoom

MEETS ONLINE

Sister Joan Chittister, OSB, catalyzes movement forward, out of the pandemic, rooted in spiritual life. Sister Joan offers a light to guide us in this time of contradictory values and upheavals in every major institution of society as well as within the hearts of individuals. To do this, she calls on the hallmarks of the Rule of Benedict to bring to today's world an antidote to the destruction of relationships and the narcissism that typifies our culture. The values and treasures of this 1500-year-old philosophy are as fresh and pertinent today as they were then.

Fee: \$30. Please register through the Center at Mariandale's website at www.mariandale.org, and you will receive a confirmation email. You will be sent the link for the online program in an email a few days before the event.

Writing the Tangible: Portals into Memoir

Friday, July 23, 7pm to Sunday, July 25, 1pm

Hosted by Lorraine Ash

MEETS ONLINE

You'll learn ways to use the tangible realities of your life—homes, terroir, objects—to produce your best and deepest memoir writing. Then you'll play with a story-builder chart to find patterns among the pieces you produce. These new tools will enrich your current writing project and help you envision new ones.

This is an excellent opportunity for writers of all levels and those writing book-length memoirs, micro-memoirs, essays, or autobiographical poetry. Come ready to write. Recommended: Bring pictures of places you've lived and environments to which you have a strong reaction, positive or negative. Also, have at least one object that's important to you near your computer. Enjoy this weekend Zoom retreat in four brief working sessions.

Fee: \$150

Spiritual Practices for the Brain & Body Retreat Day

Saturday, July 31, 9:30am to 4:30pm

Hosted by Anne Kertz Kernion

MEETS AT MARIANDALE

For centuries, spiritual and meditative practices have helped people become calmer, happier, and more focused. Christian saints such as John of the Cross and Teresa of Avila encouraged

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habits of the heart and soul. In this retreat, Anne will guide us to explore practices that are healing and helpful as our spirits recover from this past year's challenges.

In *Spiritual Practices for the Brain & Body*, Anne Kertz Kernion relies on the most current research to link spiritual practices to improved health, such as lowering our risk for heart disease and dementia. Relying on her education and experience in brain development, positive psychology, and theology, Anne is able to relate seemingly simple practices, such as focused breathing, gardening, practicing kindness, or going for a walk, with powerful results for your mind, body, and soul.

Fee: \$75 includes lunch

AUGUST 2021

Healing Circle Online

Monday, August 9, 10:30am to 11:30am

Hosted by Beryl Hay

MEETS ONLINE

See description on page 2. The Healing Circle is held from 10:30 to 11:30am on the second Monday of each month.

Fee: \$10

A Spirituality of Film: The Creation of God's Redemptive Love

Sunday, August 15, 5pm to Friday, August 20, 1pm

Hosted by Br. Michael Laratonda

MEETS AT MARIANDALE, WITH ON SITE OPTION

This all-new guided retreat with Bro. Michael Laratonda, will continue a 'two-themed' approach: the call to be God's partners in creating and giving witness to a redemptive love in the world, and how the art of film communicates such a spirituality for prayer and reflection. This retreat will include morning presentations, film screenings, suggestions for prayer, and personal silent time.

Fee: Onsite: \$575 (onsite, all inclusive. Space is limited.)

Fee: Online: \$250 (Virtual online option via Zoom)

An Introduction to the Art of Iconography

Tuesday, August 22 to Thursday, August 24

Hosted by Fr. Peter Pearson

MEETS AT MARIANDALE

Information to come. Please watch this document and our website for information.

Please register online from our website at www.mariandale.org

SEPTEMBER 2021

Canticle of the Universe: Praying with Both Eyes, Science and Theology

Sunday, September 12, 9:30am to 12:30pm

Hosted by Sr. Patricia Connick, OP, PhD

MEETS ONLINE

Be a part of this important day of prayer. Come spend a few hours listening to the Spirit speak through the Book of Creation. Pray with the "Canticle of the Universe," a 21st-century science-based psalm. Begin your meditation with questions that appeal to you, gifts from the Spirit. Share your insights with others who also are on this journey.

Fee: Free will offering

Healing Circle Online

Monday, September 13, 10:30am - 11:30am

Hosted by Beryl Hay

MEETS ONLINE

See description on page 2. The Healing Circle is held from 10:30 to 11:30am on the second Monday of each month.

Fee: \$10

Buddhist-Christian Dialogue: Saint Benedict's Rule

Monday, September 13, 7 to 9pm

Hosted by Fernando Camacho, Maeve Eng-Wong & Janet Reale

MEETS ONLINE

Join us for our semi-annual Buddhist-Christian Dialogue program via Zoom technology to discuss "Benedict's Dharma: Buddhists Reflect on the Rule of Saint Benedict" by Patrick Barry. With the help of our presenters, we will explore Saint Benedict's insights into human nature and the similarities between Christian and Buddhist traditions. Participants do not have to have read the book to attend.

Fee: Free will offering

Writing the Body: A Weekend Retreat

Friday, September 17, 7pm to Sunday, September 19, 1pm

Hosted by Lorraine Ash

MEETS ONLINE

Our stories are stored in our cells. We physically experience the influences of genetics, gender, trauma, disability, skin color, aging, illness, and more. Through examples and exercises, you'll learn to deepen your life writings by capturing their corporeal dimensions. The work you produce this weekend could stand alone or enrich a larger, ongoing project. This retreat is beneficial for writers of all levels and genres. Come ready to write. Enjoy this weekend online retreat in four brief working sessions on Zoom technology.

Fee: \$150

Please register online from our website at www.mariandale.org

Unity from the Depths: St. Francis of Assisi: A Model of Union and Reconciliation

Saturday, September 25, 9am to 12:30pm

Hosted by Don Bisson, FMS & Jack Rathschmidt, OFM

MEETS ONLINE

The Dominican Sisters of Hope invite you to join them in exploring Unity from the Depths: A Contemplative Response to Division, a series that explores these times of inner and outer conflict. This is the third session in the online series, presented by Mariandale's Contemplative Formation team and commissioned and sponsored by the Dominican Sisters of Hope.

On September 25, Don Bisson and Fr. Jack Rathschmidt present **St. Francis of Assisi: A Model of Union and Reconciliation**. Born into a feudal society, St. Francis is both an historical figure and a mythological one. Using the writings of Francis and his first followers, we will search for ways to apply his contemplative practices and wisdom to our contemporary situation.

Fee: Free will offering

Please register online from our website at www.mariandale.org