

FALL/WINTER
2022



THE CENTER AT
MARIANDALE

A LIVING LEGACY OF THE DOMINICAN SISTERS OF HOPE

*Inching ourselves closer to...
a community of kinship....
Soon we imagine, with God,
this circle of compassion.
...no one standing outside of
that circle ...so that the margins
themselves will be erased.*

— GREG BOYLE, SJ

NEW THIS SEASON

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Celebration*

*Building an Inclusive
and Anti-Racist Church*

Adults Under 45 Series

*Enduring Legacy, Future
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Celebrating Pope Francis'
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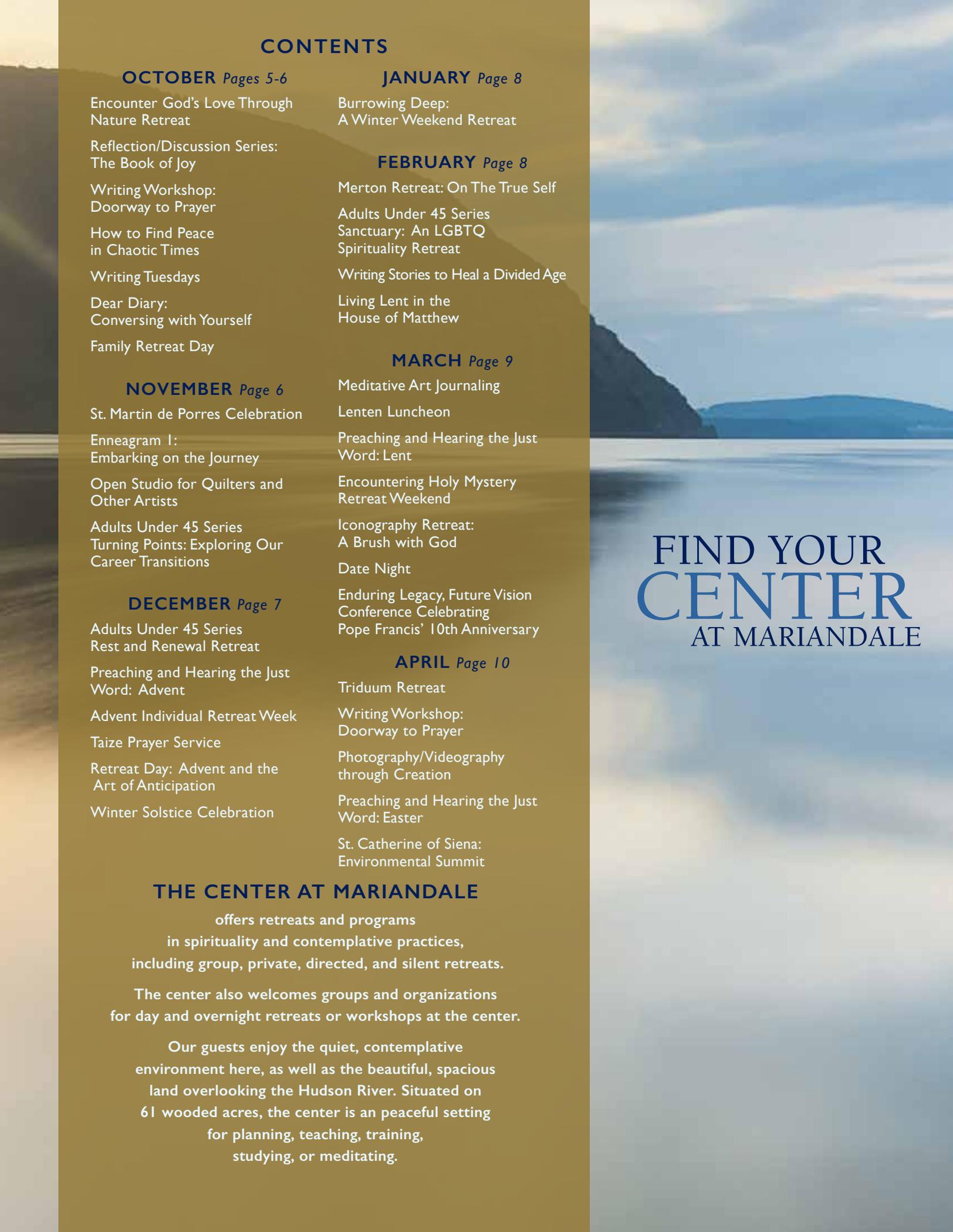
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THE CENTER AT MARIANDALE

offers retreats and programs
in spirituality and contemplative practices,
including group, private, directed, and silent retreats.

The center also welcomes groups and organizations
for day and overnight retreats or workshops at the center.

Our guests enjoy the quiet, contemplative
environment here, as well as the beautiful, spacious
land overlooking the Hudson River. Situated on
61 wooded acres, the center is a peaceful setting
for planning, teaching, training,
studying, or meditating.



FIND YOUR
CENTER
AT MARIANDALE

From the Director

Dear Friends of Mariandale,

With Open Hearts, We Welcome You Home

On the streets of Lima over six centuries ago, Martin de Porres, son of a Spanish nobleman and a freed slave of African and indigenous background, embodied what it meant to welcome the other wholeheartedly. A gifted healer and man of unique humility, Martin often opened up his Dominican friary to those in need: the sick, the poor and indigenous. They came in droves as Martin's spirit of unapologetic hospitality served as a hope-filled harbinger of a church that was welcoming to all.

Inspired by his example and proud of the Dominican heritage that we share with St. Martin de Porres, the Center at Mariandale embraces this spirit of hospitality as we welcome seekers for private retreats, as we offer a full array of weekly online prayer and contemplation, and as we embark on fall and winter programs.

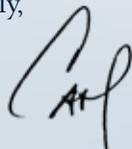
At the end of the summer we launched the Hope Volunteer Community by inviting four young adults – Isabella, Rebecka, Ryan, and Victoria – to live here in community, glean wisdom from our Dominican sisters, and serving the Center through gardening and facilitating the many offerings we have for youth and young adults.

In September Norma Pimentel, MJ, renown advocate of refugees, came to Mariandale to present on the topic of “Welcoming our Refugee Brothers and Sister;” her stories and insights being a special source of inspiration in light of our welcoming this year to the Center young refugee families from Afghanistan and South America.

On Sunday, November 6, Ms. Gloria Purvis and James Martin, SJ, help us celebrate the legacy of St. Martin de Porres as we explore through a virtual presentation what it means to be an inclusive and anti-racist church. We look forward to rich presentations on the Enneagram, Thomas Merton, and Iconography. In a spirit of hospitality and outreach, we commence our “Adults Under 45” series with programs that delve into career turning points, ponder the “great resignation” movement and offer spiritual pathways and support for the LGBTQ+ community. Our “Preaching and Hearing the Just Word” series embraces the Dominican tradition of always seeking the truth which is grounded in justice and compassion for all. Finally, on March 31, Nancy Pineda-Madrid, PhD and James Martin, SJ and many others help us celebrate a decade of Pope Francis with “Pope Francis at 10: Enduring Legacy, Future Vision.”

“I’ve learned,” reflects Maya Angelou, “that people will forget what you said, people forget what you did. But people will never forget how you made them feel.” Drawing on the example St. Martin de Porres, the Center at Mariandale opens its doors to you this fall and winter and invites you to feel welcomed, heard, nourished and renewed.

Yours truly,



Carl B. Procario-Foley, Ph.D.

ABOUT THE CENTER AT MARIANDALE

GETTING HERE

Located just 30 miles north of New York City in Ossining, NY, in the lower Hudson Valley, the center is a 50-minute Metro-North train ride from Grand Central to the Croton-Harmon station, and then a 5-minute taxi ride from the station to the center.

ENJOYING YOUR VISIT TO MARIANDALE

You can walk our lovely landscape at Mariandale. Explore the flower and vegetable gardens, walk the seven-circuit Labyrinth, and visit the Healing Hut, Peace Pole, and Nature Trail. Keep an eye out for our numerous bird and wildlife species that visit, or call Mariandale home. Guests have observed many kinds of birds on the land, especially eagles, which like to nest high above the river. Inside the center, you can visit our beautiful chapel, dining room, and Resource Room for gifts, books, and crafts made by the Dominican Sisters of Hope and community.

DINING AT MARIANDALE

The Center at Mariandale's professional kitchen prepares three meals a day, served buffet-style in our dining room. Hot beverages and snacks are available throughout the day.

The meals provide a balance of nutritional foods that are carefully chosen and mindfully prepared and selected. We regret that special menus for individuals cannot be created, though we can offer vegetarian options with 14 days' advance notice. Please let us know if you have any allergies.

Those with severe food limitations, or who require vegan or celiac meals, may supplement our offerings with their own special items. A guest refrigerator and microwave are provided on the Ground Floor.

BRING YOUR GROUP OR ORGANIZATION TO MARIANDALE

Find the space and time your group needs to think, plan, and organize, in a stress-free environment that encourages group interaction and bonding. Mariandale is an affordable, appealing location where organizations can hold conferences, meetings, or retreats. Nonprofit organizations and other groups meet here regularly, enjoying the welcoming, professional facilities, excellent dining fare, ample parking and technology, and the serene location.

Your group or organization can "unplug" and take time out of the office to think, talk, reflect, learn, and share ideas in a serene environment. Our indoor and outdoor spaces and views of the river encourage contemplation, camaraderie, and creative thinking.

The center's meeting facilities provide a variety of settings for meeting and planning, studying, writing, or challenging interaction. We host more than 100 groups each year, including educators, scientists, activists, specialists, students, interfaith groups, and artists. The center is also available to organizations for events. For more information, please contact the Hosted Event Coordinator at info@mariandale.org

SUPPORT THE CENTER AT MARIANDALE

If you have the means, we ask you to consider making a charitable donation to the Center when you register for a program. The Center at Mariandale strives to keep our fees low in order to ensure our retreats and programs are available to all.

It's important to know that program fees do not cover the full cost of food, accommodations, and meeting expenses. We rely on our friends and supporters to help subsidize these expenses. Your generosity ensures that young adults, students, and people with low incomes can experience the rest and healing our programs provide. Donations also help underwrite fees for veterans, people who are homeless or disabled, faith-based groups, and youth camps that use our pool and picnic grounds during summer months.

Please remember the Center at Mariandale in your charitable gift planning this year. Visit our website at mariandale.org to make a safe, secure online donation, or mail your gift to the Center at Mariandale, 299 North Highland Avenue, Ossining, NY 10562. The Center at Mariandale is a sponsored ministry of the Dominican Sisters of Hope, a 501(c)(3) tax-exempt organization.

We ask that you please register early for our programs.

Programs that do not meet the minimum number of registrants may be at risk of cancellation.

NEW SERIES AT MARIANDALE:

PREACHING AND HEARING THE JUST WORD: DAYS OF REFLECTIONS FOR ADVENT, LENT, AND EASTER

While the world hungers and longs for justice for so many who experience oppression and discrimination, the Bible is rife with both profound and practical insights about fostering a just and fair world.

How might the Sunday readings throughout the liturgical seasons of Advent, Lent and Easter provide fresh perspective on the human pursuit for justice?

Through these three Saturday sessions, held at Mariandale from 1 to 4pm, participants will be invited to hear the Scriptures in innovative and imaginative ways

while they seek to “preach justice” in both word and deed. An optional 4:00 pm liturgy follows each of these three-hour sessions.

ADULTS UNDER 45 SERIES: WEEKEND RETREATS

- Turning Points: Exploring Our Career Transitions (November 2022)
- Rest & Renewal Retreat (December 2022)
- Sanctuary: An LGBTQ Spirituality Retreat (February 2023)

ONGOING PROGRAMS AND SERVICES

PRIVATE RETREATS

Find the time for reflection and serenity that you need to connect with your deeper self in the calm environment at the center. A private retreat of one or several days allows you to enjoy peaceful time for reading, journaling, walking, praying, meditating, and visiting our Labyrinth.

During your retreat, you'll enjoy a comfortable, affordable, private guest room and three healthy meals a day, served in our dining room. Spiritual direction and wellness services can also be included, if desired. Your time is your own.

Please reserve dates for your private retreat at least 14 days in advance of your arrival, as our guest rooms are often filled quickly by our programs. Private retreats are \$95 per night during the week, with meals. Contact the Registrar at info@mariandale.org to inquire about private retreats.

We have special introductory rate available of \$65 per night for private retreats to students and young adults, as a way to introduce the experience retreats.

SPIRITUAL DIRECTION

Spiritual direction is an ongoing process wherein a person meets regularly — perhaps every four to six weeks for about an hour — with a trained spiritual director. The role of the companion is to listen, reflect back what you say, and ask relevant questions as you look at your life through the eyes of faith and experience.

If you are interested in deepening your relationship with God, entering into spiritual discernment, or becoming more attuned to God's presence in the everyday events

of your life, then this may be for you. Contact the Center's Program Specialist, Nancy Erts, OP, at nerts@mariandale.org for guidance and details about spiritual direction.

PATCHWORK & PRAYER MINISTRY

The Patchwork & Prayer Ministry, under the direction of Donna Brunell, OP, offers seasonal, weeklong Quilters and Artists retreats four times per year. For help with designing a program to fit the needs of you and your friends, please contact Donna Brunell, OP at 914-941-4455 x216 or dbrunell@mariandale.org

LABYRINTH WALKS

We offer guided Labyrinth meditation walks for small or large groups with at least two weeks' advanced notice.



We ask that you please register early for our programs.

Programs that do not meet the minimum number of registrants may be at risk of cancellation.

ONLINE AND HYBRID PROGRAMS

WEEKLY ONLINE SESSIONS

These weekly sessions meet online. Please visit our website for current scheduling. These programs run seasonally throughout the year, but not continuously. You only need to register for each program once, and your registration will be carried through the schedules.

MORNING PRAYER

Jack Rathschmidt, OFM, Cap., Gaynell Cronin, MA
Mondays, Wednesdays, and Fridays at 8:30am, starting in September

As life continues to challenge us, we invite you to pause for 20 to 30 minutes on Monday, Wednesday, and Friday mornings at 8:30am to pray in community with us and experience the mystery of God's love. Morning prayer guides us with music, scripture, poetry, silence and reflection. We will try to enter into the spirit of each day and let the power of the season transform us.

GUIDED CONTEMPLATION: CULTIVATING AWARENESS

Madeleine Tacy, OP
Tuesday evenings at 6pm, starting in September

Find some peace and time to contemplate in your busy week. Join us from 6 to 7pm ET every Tuesday evening for guided Zen contemplation via Zoom. In each session, we will enter into silence in the sangha practice. In times that call each of us to "laundry of the soul," we will expand our practice with brief direction and then a silent sit. There will also be opportunities for fellowship for those who wish to confer with others in the group.

CONTEMPLATIVE PRAYER FOR THE WORLD

Gaynell Cronin, MA
Thursdays at 11:30am

Each Thursday, from 11:30am to noon, we gather as spiritual companions seeking God's guidance. Come join us in prayer for peace, for yourself, for others, and for the world. These sessions are held online, in the Center at Mariandale's Zoom meeting room.

PLEASE REGISTER FOR THESE PROGRAMS ONLINE, FROM OUR CALENDAR OF EVENTS ON OUR WEBSITE, TO ENSURE CURRENT SCHEDULING AND REGISTRATIONS.

READING THE SUNDAY SCRIPTURES WITH A CONTEMPLATIVE SPIRIT

Jack Rathschmidt, OFM, Cap., Gaynell Cronin, MA
Fridays at 11:30am, starting in September

Contemplation, according to Walter Burghardt, S.J., means taking a long, loving look at the real. Utilizing the cultures out of which the bible emerges, we will take a contemplative look at the Sunday scriptures to understand them, and to discern how we are called to live them. Join us each Friday from 11:30 am to noon.

SATURDAY PUBLIC LISTENING SESSIONS

Guest reflection leaders each week
Saturdays at 1pm

Join us at 1pm each Saturday for a very special listening session on Zoom technology, when a Dominican Sister of Hope will offer a reflection and lead a discussion. If you can't come every week, if you've never joined before, if you're not in NY, if you'd rather listen than talk, if you're skeptical but curious, come on in. Bring a friend.

WEEKLY HYBRID PROGRAMS

YOGA FOR RELAXATION, REJUVENATION, & BALANCE

On site or Online with Chris Glover

Join us every Tuesday evening at 6pm. You can register to attend in person or via Zoom. Yoga is a pathway to a healthier life for everyone. It tones and stretches every part of the body, keeps the systems in radiant health, while calming the mind. Chris designs her classes with mindfulness and compassion to meet the needs of the students. Series run in consecutive 6-Week sessions.

MONTHLY PROGRAMS

THE HEALING CIRCLE ONLINE

Second Monday of each month at 10:30am online, with Beryl Hay

The healing circle offers a safe and sacred way to connect to our breath while deepening meditation and mindfulness practices. This practice helps to provide a more compassionate way to live. The purpose of the Healing Circle is to hold everyone in a sacred space of nurturing ourselves as part of a healthier humanity. During the sessions, we offer exercises to create sacred spaces for you and your breath.

We ask that you please register early for our programs.

Programs that do not meet the minimum number of registrants may be at risk of cancellation.

FALL AND WINTER 2022/2023 PROGRAMS

OCTOBER 2022

Encounter God's Love Through Nature Retreat

*"Every single creature is full of God and a book about God.
Every creature is a word of God."* ~ Meister Eckhart

Nature offers us a way to encounter God's unconditional love for us in a particularly intimate way. Using various practices throughout the weekend (outside where possible), we will "read" the book of nature to discover what it says to each of us. Each day will include time for personal reflection and group sharing.

Date & Time: Fri., Sept. 30 from 5pm through Sun., Oct. 2 at 1pm

Presenter: Holly Rockwell

Fee: \$280 (On site)

Reflection/Discussion Series: The Book of Joy

How do we find joy in the face of life's inevitable suffering? Join our Reflection/ Discussion Series on the first Tuesday of each month as we ponder that question and reflect on the Eight Pillars of Joy, as presented in *The Book of Joy: Lasting Happiness in a Changing World* by the Dalai Lama and Desmond Tutu.

Date & Time: First Tuesday of the Month: Oct. 4, Nov. 1, Dec. 6, 2022 & Jan. 3, 2023; 1 to 3pm.

Presenter: Nancy Erts, OP

Fee: \$100 Series (On site) or \$95 Series (Online)

Writing Workshop: Doorway to Prayer

Awaken your muse as we respond to a published writer to inspire your own possibilities. What resonates for you in material presented at today's workshop? How might you re-create a story in your own voice as we play with words and ideas shared in a non-judgmental environment?

Date & Time: Wed., Oct. 5, from 1 to 4pm

Presenter: Karen Rippstein, CPT

Fee: \$30 (On site)

How to Find Peace in Chaotic Times

Join us for four Thursday evening sessions during which we will explore and experience how the Four Foundations of Mindfulness can calm the mind regardless of what is happening within or around you. This offering will be an experiential, interactive process. The first session will focus on learning how to be completely present to the physical body. The second will help you learn how to be present to your emotions in a way that brings calm rather than fear or misinterpretation. The third session will explore thoughts and their impact on your well-being. The last session will assist you in putting all the skills together in order to gain insight about how to be in your life with less reactivity and more peace.

Date & Time: Thursdays, Oct. 6, 20, Nov. 3 & 17, 2022 from 5 to 6pm

Presenter: Fernando Camacho & Maeve Eng-Wong

Fee: Free will offering (On site)

Writing Tuesdays

This program series is designed to help you discover your center as you create prose, poetry, or spiritual possibilities in response to prompts and visuals offered at each session.

Dates: Tuesdays, Oct. 11, 18 & 25 from 1:30 to 3:30pm

Presenter: Karen Rippstein, CPT

Fee: \$90 series, \$30 per session; On site

Dear Diary: Conversing with Yourself

Diaries present the most intimate of conversations: the ones we have with ourselves. The best allows their readers to see how the self changes, moment by moment, in the crucible of some life story. You'll learn techniques of master diarists and ways to start and sustain your own publishable diary. Great for writers of all levels.

Date & Time: Fri., Oct. 14 through Sun., Oct. 16

Schedule: This online retreat will take place over 3 days, with 4 Zoom sessions. Please check the website for the schedule.

Presenter: Lorraine Ash

Fee: \$150 (Online)

Family Retreat Day

Join us for a *Family Retreat Day* at the Center at Mariandale. "Come Play and Pray Together," and discover the beauty of God's Earth on the banks of the Hudson River. Meet new friends, sing and dance, play and pray, discovering and sharing God's Love! Please prepare for appropriate weather as our planned activities will be both inside and outside.

Date & Time: Sat., Oct. 22 from 1 to 4pm

Presenters: Connie Koch, OP and friends

Fee: \$25 (per family; On site)

NOVEMBER 2022

St. Martin de Porres Celebration

Building an Inclusive and Anti-Racist Church

Proud of its Dominican heritage, the Center at Mariandale honors St. Martin de Porres, the 17th century healer, friend of the poor, and patron saint of all who work for social justice. Our featured speakers, Ms. Gloria Purvis and James Martin, SJ, will reflect on how the church might build bridges of inclusion and strengthen efforts to be wholeheartedly anti-racist. During this 3-hour online session there will be opportunity for small group sharing and time to offer questions.

Date & Time: Sun., Nov. 6 from 1 to 4pm

Presenters: James Martin, SJ and Gloria Purvis

Fee: \$25 (Online)

Enneagram 1: Embarking on the Journey

This introduction to the Enneagram is designed for those who are new to the dynamics of this personality system. The primary focus will be to identify or claim more deeply one's home on the Enneagram and explore ways of applying the wisdom of the enneagram in your life. This in-person retreat weekend will be especially supportive of more storytelling and interaction among participants.

Date & Time: Fri., Nov. 18, at 5pm through Sun., Nov. 20, at 1pm

Presenter: Judy Brunell, OP

Fee: \$280 (all inclusive)

Open Studio for Quilters and Other Artists

Are you in need of creative expression, in the supportive, inspiring company of other like-minded creatives? Join quilters and other artists for quiet time to work on a project of your choice. The large, well-lit Evergreen Room and adjacent kitchen will serve as our studio, and you can bring your own equipment and supplies. We'll provide a large table and chair, access to resources for reflection and inspiration, and occasional demos. You can also enjoy walking the land and the labyrinth. For more information, contact dbrunell@mariandale.org. Registration required by November 5, 2022.

Dates/Time: Fri., Nov. 18 at 3pm through Sun., Nov. 20 at 3pm

Coordinator: Donna Brunell, OP

Fee: Visit our website to register. Overnight and commuter pricing available.

Adults Under 45 Series

Turning Points: Exploring Our Career Transitions

This weekend is geared to adults under 45 years of age to provide participants the contemplative space to reflect on the meanings and patterns in their career trajectories. The weekend will draw significantly from the writings of Parker Palmer, whose probing questions and insights help people discover their deeper purpose, direction, and the resources that can guide them in creative, life-giving ways.

Date & Time: Fri., Nov. 18 at 5pm through Sun. Nov. 20 at 1pm

Presenters: Laura Fairchild, Carl Procaro-Foley, and Casey Rosengren

Fee: \$150 (On site, all inclusive)

DECEMBER 2022

Adults Under 45 Series Rest and Renewal Retreat

The weekend will include unstructured time for rest, rejuvenation, art, music, and long walks in nature. We will complement the quiet stillness with embodiment practices and conversation (all optional). Retreatants are encouraged to bring friends and to turn off their phones for the weekend. Feel free to bring a journal, comfy clothes, your favorite music to chill out to and/or favorite book or creative project or anything else that facilitates R & R. Young adults in their 20s-40s are welcome.

Date & Time: Fri., Dec. 2 at 7pm through Sun., Dec. 4 at 1:30pm

Fee: \$150 (On site, all inclusive)

Preaching and Hearing the Just Word: Advent

Opening Our Eyes and Ears to the Advent of God's Reign: Good News for Bent-Over People

What do we see, and what do we hear when we encounter people on what Pope Francis calls "the peripheries"? People who, in a myriad of ways, are "bent-over"? How can we open our eyes and ears to encounter God's new coming in the Other, and to welcome this Advent so as to advance the reign of God?

Date & Time: Sat., Dec. 10, 1 to 4pm

Presenter: Kathleen McManus, OP

Fee: \$50 (On site)

Advent Individual Retreat Week

Advent is a time of expectant, hopeful waiting marked by contemplation, prayer, and reflection on God's will. This individual retreat week is your time away from the busy day to day of seasonal preparation. Enjoy the solitude of Mariandale's 61 acres to be quiet for a few days or a week if you choose.

Date & Time: Mon., Dec. 12 at 3pm through Sun., Dec. 18 at 3pm

Reservation options: Includes meals & accommodations. Reserve for the entire week or per night. See website for reservation options.

Taize Prayer Service

Join us in the Chapel at an Ecumenical Evening Prayer service molded upon those designed by the interdenominational Christian community of Taize, France. These sacred candlelight services include beautiful seasonal chants and songs, and the reading of psalms and Gospel passages., followed by a generous time of silence for personal reflection, prayer of intercession for global needs, and closing prayer.

Date & Time: Wed., Dec. 14 from 7 to 8pm

Presenter: Nancy Erts, OP and Linda Rivers, OP

Fee: Free will offering (On site)

Retreat Day: Advent and the Art of Anticipation

Anticipation is the energy that moves our spirit during Advent. In this program, we will enhance our anticipation of the celebration of Christmas by experiencing the art of storytelling, the visual arts, and song. These will uplift and strengthen our spirits as we prepare to remember the gift of Jesus of Nazareth.

Date & Time: Sat., Dec. 17 from 9:30am to 3pm

Presenter: Jo-Ann Iannotti, OP

Fee: \$60 (includes lunch; On site)

Winter Solstice Celebration

The Winter Solstice is deeply rooted in our ancient history, signifying the return of the sun and a reverence for nature. Elements and symbols of the Winter Solstice overlap and recur in almost every known religion. Come celebrate the connection between the Winter Solstice, "shortest time of daylight," and the coming of Jesus, "Light of the world." You will experience stories of solstice rituals, poems, songs, dances and decor and how they were adapted for the Christmas season. We will create decorations, take a candlelight prayer walk on the labyrinth, and enjoy seasonal refreshments. Join us!

Date & Time: Wed., Dec. 21, from 5:30 to 7pm

Presenter: Nancy Erts, OP

Fee: Free will offering (On site only)

JANUARY 2023

Burrowing Deep: A Winter Weekend Retreat

In the midst of winter, when much of creation burrows deeply to rest and gain strength for the next season of life, accept the invitation to “burrow deep” in the heart of God, and ponder God’s revelations within you. During this silent retreat, gentle quiet will frame these days and will include daily liturgy, time for prayer, rest, and refreshment of your spirit, as well as individual meetings with a spiritual director.

Date & Time: Thurs., Jan. 26 at 5pm through Sun., Jan. 29 at 1pm

Presenter: Nancy Ertz, OP, Maureen McMahon, RDC, and Judy Schiavo

Fee: \$350 (all inclusive; On site)

FEBRUARY 2023

Merton Retreat: On The True Self

In the second half of the 20th century, Thomas Merton emerged as a spiritual master for many people. Beginning with *The Seven Storey Mountain*, he chronicled his journey through life as a partier, a convert, a monk, a writer, a prophet, and a hermit. Above all, Merton was a passionate seeker who made lots of mistakes along the way. His very human journey can give us hope and his insights can offer some guidance as we make our way along the spiritual path. Over the course of our weekend together, we will pray together, listen together, share in conversation, and unpack some of Merton’s lessons applied to our own lives.

Date & Time: Fri., Feb. 3 at 5pm through Sun., Feb. 5 at 1pm

Presenter: Peter Pearson

Fee: \$280 (all inclusive; On site)

Adults Under 45 Series Sanctuary: An LGBTQ Spirituality Retreat

Delve into community and the deep rest of winter. Sanctuary is a space for LGBTQ people from all faith backgrounds to join together in spiritual community for a weekend of rest, reflection, and joyful connection. This weekend retreat will include individual and grouped reflection and conversation on topics of identity and spirituality. Plenty of downtime for personal rest and recreation, and community time spent laughing, snacking, dancing, crafting, and connecting with other LGBTQ people. Come as you are! Retreatants are encouraged to bring friends and to turn off their phones for the weekend.

Date & Time: Fri., February 24 at 7pm through Sun., Feb. 26 at 1:30pm

Fee: \$150 (On site, all inclusive)

Presenters: Nadine Santoro, Teresa Thompson, and Eddie Gonzalez

Writing Stories to Heal a Divided Age

The popularity of memoir gives us all permission to tell our stories. In this online weekend workshop we’ll look at how these stories relate to the groups we live in and among. Memoirists, citizen journalists, family historians, and group storytellers will learn techniques to tell compelling narratives of collective experiences—stories that draw forth commonalities and promote mutual and self-understanding. We’ll also explore the healing potential of these stories in a contentious age.

Date & Time: Fri. Feb. 24 at 7pm through Sun., Feb. 26

Schedule: This online retreat will take place over 3 days, with 4 Zoom sessions.

Presenters: Lorraine Ash, Jennifer Laden, and Jerry Waxler

Fee: \$150 (Online)

Living Lent in the House of Matthew

This Lent we are going to journey with the Jesus who inhabits the Gospel of Matthew. Who is the Jesus we meet there, are encouraged to follow, and ultimately imitate? What does he reveal about the mission he felt called to live out fully to the point of dying for it? Join us as we meet Jesus in a new way and discover how we are being called to dare to follow what we hear from his resurrected Spirit who is alive in us today.

Dates & Time: Thursdays, Feb. 23, March 2, 9, 16, 23 & 30 from 7 to 8:30pm

Presenter: Jo-Ann Iannotti, OP

Fee: \$100 (Series of 6; Online)

MARCH 2023

Meditative Art Journaling

Meditative Art Journaling is a creative process using prompts and images to allow time for introspection, self-discovery, and self-awareness. In this series, we'll collage images and words that express our spiritual journey in individual art journals and in community with others. Sharing is optional.

Date & Time: Thursdays, March 2 & 9 from 1 to 3pm

Presenter: Karen Rippstein, CPT

Fee: \$30 per session (On site)

Lenten Luncheon

Come to our popular Lenten Luncheon series and be nourished each week, body and soul: first with prayer, followed by a simple lunch of soup, bread, salad, dessert, and a beverage. A loving Lenten presentation will follow lunch. The schedule for each Wednesday is 11:30am check-in: 11:45am midday prayer in the Chapel: 12 pm lunch in the River Room: and a 12:45pm presentation.

Dates & Time: March 1, 8, 15, 22 & 29 from 11:30am to 1:30pm

Facilitator: Connie Koch, OP, and special guest presenters each week

Fee: \$100 (series of 5) or \$25 per session (includes lunch)

Preaching and Hearing the Just Word: Lent

Forming, Deforming, Reforming God's Word:
Christian Scripture and Anti-Judaism

How has the proclamation of Sacred Scripture been distorted so as to foster anti-Judaism and to justify violence against Jews? How might Christians be invited to hear the Lent and Passion Scriptures in new and liberative ways?

Date/Time: Sat., March 4, 1 to 4pm

Presenter: Elena Procaro-Foley, PhD

Fee: \$50 (On site)

Encountering Holy Mystery Retreat Weekend

The Lenten season opens our heart and consciousness to the Holy One loving us in the Cosmic story and in the Great Story of the Life, Death and Resurrection of Jesus. The Holy One is present to us in every atom of creation from the great galaxies of the Universe to tiny grains of sand. Our challenge and delight is to grow in greater consciousness of the Mystery alive in our world, in our lives, and living more fully into the mystery they share.

Date & Time: Fri., March 10 at 5 pm through Sun., March 12 at 1pm

Presenter: Linda Neil, CSJ

Fee: \$280 (all inclusive; On site)

Iconography Retreat: A Brush with God

Byzantine Iconography is a highly structured and disciplined art form which combines prayer and painting techniques to create serene images of Christ, Mary, the angels and the saints following centuries-old guidelines. Peter Pearson has been studying and painting icons for more than fifty years and teaching others to do so for over half that time. We paint, pray, and follow the simple step-by-step instructions. No previous experience or natural talent required. All materials included in the registration fee.

Date & Time: Thur., March 23 at 5pm through Sun., March 26 at 1pm

Presenter: Peter Pearson

Overnight Fee: \$550 (all inclusive; On site)

Commuter Fee: \$425 (includes meal and materials; On site)

Date Night

You and your spouse are cordially invited to join other married couples for a DATE NIGHT at Mariandale. Enjoy a stroll together on the banks of the Hudson River, relax, and enjoy meeting other couples, drinks, hors d'oeuvres, a candlelight dinner (on site) and dessert with engaging conversations. Share the blessings and challenges of married life whether you are newlywed or seasoned lovers. Help each other to discover how God has been or could be a gentle presence – a guiding light on your journey.

Date & Time: Saturday, March 25, from 5pm to 8pm

Facilitator: Connie Koch, OP

Fee: \$80 per couple (On site)

Enduring Legacy, Future Vision Conference Celebrating Pope Francis' 10th Anniversary

A conference at Mariandale to celebrate Pope Francis' 10th year as pope. With keynote speakers Nancy Pineda- Madrid, PhD and James Martin, SJ, this conference has dedicated panels on Pope Francis' papacy from the lens of: women and the church; synodality; care of the Earth, and care of the poor. Co-sponsors: Iona College, Manhattan College, Mount Saint Mary College, and Sacred Heart University.

Date & Time: March 31, from 9am to 5pm

Fee: \$20 (On site)

A P R I L 2 0 2 3

Triduum Retreat

Immerse yourself in the true meaning of Easter by experiencing the fullness of Holy Thursday, Good Friday, and the Vigil, all as one rich and meaningful movement of transformation, from death through resurrection. The first gathering will be at 5pm on Holy Thursday. The Triduum will conclude with breakfast on Easter Sunday.

Date & Time: Thurs., April 6 at 4pm through Sun., April 9, (Easter) after breakfast

Facilitator: Francis Gargani, CSsR, with guest homilists, dancers and more...

Fee: \$375 (On site)

Writing Workshop: Doorway to Prayer

Awaken your muse as we respond to a published writer to inspire your own possibilities. What resonates for you in material presented at today's workshop? How might you recreate a story in your own voice as we play with words and ideas shared in a non-judgmental environment?

Date & Time: Wed., April 19, from 1 to 4pm

Presenter: Karen Rippstein, CPT

Fee: \$30 (On site)

Photography/Videography through Creation

An opportunity to have a contemplative weekend to experience receiving the images of creation through a camera lens as way to encounter God. The days will have time for personal creativity, quiet reflection and group sharing. A digital camera/ phone camera is needed.

Date & Time: Fri., April 14 at 5pm through Sunday, April 16 at 1pm

Presenters: Connie Kelly, OP & Catherine Walsh, OP

Fee: \$280 (all inclusive; On site)

Preaching and Hearing the Just Word: Easter

Encountering the Word and Listening to the Conversation: Finding Hope in Easter

As we engage deeply in listening to the Easter Scriptures, we begin to hear the message of hope even amidst the chaos and despair of the early followers of Jesus and that of our own lives.

Date/Time: Sat., April 22, 1 to 4pm

Presenter: Connie Koch, OP

Fee: \$50

St. Catherine of Siena: Environmental Summit

"I have come to know that the fire in my heart is the fire in the heart of the universe and that its flames will not be extinguished," writes Sr. Ilia.

Author of 17 books, Sr. Ilia Delio is both a scientist and a theologian whose prolific writings speak to the very future of the cosmic universe.

At this environmental summit, named for the bold, prophetic and passionate doctor of the Church, St. Catherine of Siena, Sr. Ilia will address the pressing spiritual and scientific needs of the earth in this climate crisis.

Featuring: Ilia Delio, OSF, Villanova University

Date & Time: Sat., April 29, from 10am to 2pm

Presenter: Ilia Delio, OSF

Fee: \$40 (includes lunch; On site)

PRESENTERS

LORRAINE ASH works as a book editor and author coach specializing in all forms of autobiographical writing. She has penned two memoirs, *Life Touches Life: A Mother's Story of Stillbirth and Healing* and *Self and Soul: On Creating a Meaningful Life*. Most recently, she edited the award-winning *Corona City: Voices from an Epicenter*, an anthology of first-person writings that chronicles life in New Jersey and New York when these two states were the nation's first COVID-19 epicenter. Lorraine studied at Fordham University and California State University, Long Beach. She lives in New Jersey.

DON BISSON, FMS is a Marist Brother, known both nationally and internationally for his work as a retreat director and presenter in the area of spirituality and Jungian psychology. He has a Doctor of Ministry Degree from the Pacific School of Religion, Berkeley, CA.

FERNANDO CAMACHO, MD is an ordained lay Buddhist priest of the Dharma Teacher Order; a Western group of Vietnamese Zen lineage committed to developing ecumenical bridges and relationships across all religious traditions. Fernando is also a practicing medical oncologist in the Bronx and is the Director of the Community Oncology Program of the Montefiore Einstein Center for Cancer Care.

PAT CONNICK, OP is a Dominican Sister of Peace, a theologian at heart and a scientist by degree. She is currently writing a practical guide for those who are seeking God by "reading" the *Book of Creation. Called Trinity and Community: A Guide for Everyday Mysticism*, it includes questions of pondering and various types of meditation.

JANET CORSO, MA is a spiritual director, supervisor, and trainer of spiritual directors. Janet also leads retreats and workshops, and was formerly the director of The Center at Mariandale. She is a member of Mariandale's Contemplative Formation team.

GAYNELL CRONIN, MA is a spiritual director, facilitator of group spiritual direction, and leader of contemplative prayer, retreats, and parish missions. *Doorways to Holiness*, with co-author Jack Rathschmidt, is her most recent book.

ILIA DELIO, OSF A Franciscan sister, Sr. Ilia Delio holds the Josephine C. Connelly Endowed Chair in Theology a Villanova University. A native of Newark, NJ, she earned doctorates in pharmacology from Rutgers University - School of Healthcare and Biomedical Sciences and in Historical theology from Fordham University, NY. She is the author of seventeen books including: *The Unbearable Wholeness of Being* which won the 2014 Silver Nautilus Award and a Catholic Press Association Book Award. Other books include *Care for Creation* (Catholic Press Book Award 2010), *The Emergent Christ* (Catholic Press Book Award 2013) and *Making All Things New: Catholicity, Cosmology and Consciousness* nominated for the 2018 Grawemeyer award.

MAEVE ENG-WONG, LCSW, RYT is an ordained lay Buddhist priest in the Dharma Teacher Order. Maeve is a psychotherapist in private practice in Garrison and Cold Spring, NY.

NANCY ERTS, OP is a Dominican Sister of Hope and the Program Specialist at the Center at Mariandale. She holds degrees in education and theology and has completed additional work in psychology, holistic and eco-spirituality. She has been involved in the ministry of adult spiritual development for over 35 years.

FRANCIS GARGANI, CSSR is a Redemptorist priest, and experienced spiritual director, retreat leader, and workshop leader. He has served in a variety of ministries in parishes, at college campuses, and retreat centers. Presently, Fr. Francis ministers in the area of peace and justice.

CHRISTINE GLOVER is a certified E-RYT 500 Level yoga teacher registered with the Yoga Alliance. She is a former professional modern dancer and circus performer. She has trained and studied various yoga traditions and has an extensive experience in physical exploration. She has taught public and private yoga classes in studios, corporate environments, workshops, and retreats since 1992.

EDDIE GONZALEZ works at the On Being Project and is a journalist, teacher, and chaplain interested in story and its role in personal and social healing. He was born and raised in Corpus Christi, TX and now lives in NYC with his husband.

BETTE ANN JASTER, OP is a Dominican Sister of Hope, formerly one of the Dominican Sisters of the Sick Poor in Ossining. Bette Ann is the Environmental Program Specialist at Mariandale, and runs the Co-Op for Earth's Sake at the center. Sr. Bette Ann is also a co-founder of EarthLinks in Denver, Colorado, and participates in educational retreats and presentations on global and local environmental issues and care of the earth.

CONNIE KOCH, OP is a Dominican Sister of Hope. She is a preacher/storyteller, spiritual director and has led retreats, parish missions, adult faith formation and youth groups. She is Promoter of Preaching for the Dominican Sisters of Hope and Chaplain for the Westchester County Department of Public Safety.

CONNIE KELLY, OP is a Dominican Sister of Hope and a Leadership Council member of the Dominican Sisters of Hope.

JENNIFER LADER is an award-winning writer and author of *Six-Word Lessons for Writing Your Community's Story*. Finding stories that build connections is key to the two businesses she runs. Jennifer holds an undergraduate degree in anthropology and a master's in public administration with a focus on organizational culture. She lives in Bethlehem, PA where she writes about her community.

JAMES MARTIN, SJ is an American Jesuit priest, writer, and editor-at-large of the Jesuit magazine *America*. In 2017, Pope Francis appointed Martin as a consultant to the Vatican's Secretariat for Communications

MAUREEN MCMAHON, RDC is a Sister of the Divine Compassion. Maureen's background includes teaching, administration, and parish work. For over 40 years she has been an experienced spiritual director, retreat director and retreat presenter. Included in this ministry she has participated in training folks, religious and lay, to be spiritual directors.

KATHLEEN MCMANUS, OP is a Dominican Sister of Blauvelt. Holding an MA in Pastoral Studies with a concentration in Preaching from the Aquinas Institute of Theology, and a PhD in Systematic Theology from the University of St. Michael's College in the University of Toronto, Kathleen served as

PRESENTERS

Associate Professor of Theology and Director of the MA in Pastoral Ministry Program at the University of Portland. Her most recent publication is *Suffering and The Vulnerable Rule of God: A Feminist Epistemology*.

LINDA NEIL, CSJ is a Sister of St. Joseph of Carondelet. She is the co-director of St. Joseph's Place in Schenectady, a place of hospitality and prayer for the people of the Hamilton Hill neighborhood. Sr. Linda is also engaged in Eco-spirituality work, presenting a workshop series titled *Encountering Earth: Reclaiming the Human in the Web of Life*, designed to help participants become more mindful of being responsible and caring members of the Earth community. Sr. Linda holds a master's degree in Religious Studies from St. Charles Borromeo and an MA from the Earth Literacy Program at St. Mary of the Woods College, IN.

PETER PEARSON has been painting icons for over fifty years. He is the author of three books about Icon Painting and holds a Doctor of Theology degree in this specific area. Peter has been teaching for thirty years and has painted icons for churches, monasteries, and private individuals around the world. His organized approach and extensive knowledge of this sacred art is the unique gift he brings to his teaching.

NANCY PINEDA-MADRID, PHD is the T. Marie Chilton professor of Catholic Theology at Loyola Marymount University in Los Angeles. She holds a PhD in theology from the Graduate Theological Union (Berkeley, CA). Dr. Pineda-Madrid is a leading voice in U.S. Latinx theologies, as well as U.S. and global feminist theological perspectives, with particular emphasis on the subjects of misogyny and violence against women. Author of three books and articles, she penned *Suffering and Salvation in Ciudad Juárez*, focusing on the cultural, economic and religious factors influencing the murders of more than 600 girls and women.

ELENA PROCARIO-FOLEY, PHD holds the Br. John G. Driscoll Professorship in Jewish-Catholic Studies of Iona University. She is also the Editor of *Horizons: The Journal of the College Theology Society* and has written and lectured extensively in the area of Christian-Jewish relations and

feminist theology. Among her many publications, she is co-editor of *Righting Relations After the Holocaust* and *Vatican Two: Essays in Honor of John Pawlikowski* (Paulist, 2018).

GLORIA PURVIS is an African-American Catholic speaker, podcaster, and Whole Life activist in Washington, D.C. She is best known for her time co-hosting the Morning Glory show on EWTN Radio, which ended abruptly in December 2020 when the show was canceled due to Purvis' anti-racist advocacy.

JACK RATHSCHMIDT, OFM, Cap. holds a Master of Theology in Spirituality from the Weston College School of Theology and a PhD from Fordham University in Historical Theology. He is the Director of Post Novitiate Formation for the Capuchin Franciscan Friars of New York/ New England. Writer, teacher, and spiritual director, he is vitally interested in empowering lay people in the church.

KAREN RIPPSTEIN, CPT began her career at New York Medical College before becoming a Certified Poetry Therapist, poet, and creative writing teacher. She has taught writing, poetry, and visual journaling workshops at colleges, spirituality centers, libraries, senior centers, and inter-generational programs at area schools. Karen's work has been published in numerous anthologies and magazines.

LINDA RIVERS, OP is a Dominican Sister of Hope. She is active in Music Ministry, as a spiritual director, and is currently the Registrar at the Center at Mariandale.

HOLLY ROCKWELL is an Ignatian prayer guide, spiritual director and retreat leader at Estuary Soul Care. In 2014, she was certified as a Master Naturalist by Cornell University's Conservation Education and Research Program. She has a deep and abiding love for nature and finds God in all of creation.

CASEY ROSENGREN is a writer, executive coach, and community-builder who spends a lot of time thinking about vocation. In his coaching, he uses research-backed practices to help people connect to their values as they do work that matters to them. He also is the organizer of the Open Div Summit, a conference on the rise of secularism and modern day meaning-making that took place in 2021.

NADINE SANTORO is a multidisciplinary artist based in Brooklyn. She is a graduate of Fordham University, where she studied creative writing and theology, and served as a spiritual retreat leader through campus ministry. Nadine is the Publicity & Marketing Assistant at the Feminist Press, a nonprofit independent feminist publisher in New York City.

JUDY SCHIAVO, MA holds a Master of Arts Secondary Education/Spanish from Seton Hall University and a Master of Science in Spirituality/Spiritual Direction from Fordham University. After retiring from 43 years of teaching, Judy is now a full-time spiritual director and retreat director.

TERESA THOMPSON is a Brooklyn-based psychotherapist specializing in chronic trauma, difficult relationships, and complicated identities. She is passionate about oral history, intergenerational learning, and decolonizing spirituality and mental health, and has been a contributing writer to the queer Catholic online community *Vine & Fig*.

CATHERINE WALSH, OP is a Dominican Sister of Hope and Professor Emerita of Communication Arts at Mount Saint Mary College Newburgh, New York. She has served on three leadership teams for the Dominican Sisters as well as a teacher, principal, and college professor. She considers photography a contemplative experience where the camera lens opens the viewer to the God of the moment.

JERRY WAXLER has devoted his life to teaching, coaching, and facilitating writers to achieve the same results. He has authored *How to Become a Heroic Writer*, a self-help book that reveals the power of the memoir in today's society; the groundbreaking *Memoir Revolution*; and *Thinking My Way to the End of the World*, his memoir about finding himself in the sixties. Jerry holds a bachelor's degree in physics from the University of Wisconsin and a master's in counseling psychology from Villanova University. He is a licensed professional counselor in Pennsylvania.

We ask that you please register early for our programs.

Programs that do not meet the minimum number of registrants may be at risk of cancellation.

HOW TO PAY FOR PROGRAMS AND RETREATS

CHOOSE ONE OF TWO WAYS

1. **REGISTER ONLINE** and pay quickly and safely through our website at www.mariandale.org. You will receive an emailed registration confirmation with specific information about your program as soon as you submit payment.
2. **MAIL THIS REGISTRATION FORM**, with payment by check or with credit card information to Mariandale Registrar, 299 N. Highland Avenue, Ossining, NY 10562.

REGISTRATION DEADLINES

All day programs and overnight retreats must be registered and paid for in full by 7 days prior to the program start date. We are unable to accept payments upon check-in and welcome.

Please note that we do not accept deposits for sponsored programs or retreats. All retreats must be paid for in full at the time of registration.

CANCELLATION AND REFUND POLICY

1. Should you cancel your attendance for a program 14 days or more from the start date of the program, your payment will be refunded, minus a \$50 processing fee.
2. Should you cancel attendance on a program within 14 days or fewer of the program start date, you are not eligible for a refund.
3. Mariandale reserves the right to cancel programs with insufficient registration. In those cases where Mariandale cancels the program, you will receive a full refund.

PROGRAM REGISTRATION

PROGRAM/RETREAT 1	DATE	\$
PROGRAM/RETREAT 2	DATE	\$
PROGRAM/RETREAT 3	DATE	\$
PROGRAM/RETREAT 4	DATE	\$
TOTAL COST OF REGISTRATION:		\$
PLEASE CONSIDER ADDING A DONATION TO HELP MARIANDALE:		\$
TOTAL AMOUNT TO BE CHARGED IN THIS TRANSACTION:		\$

REGISTRANT INFORMATION:

REGISTRANT NAME	EMAIL ADDRESS		
ADDRESS	CITY	STATE	ZIP
BEST PHONE # TO CALL	EMERGENCY CONTACT PERSON AND PHONE NUMBER		

CREDIT CARD INFORMATION

NAME ON CARD	CARD NUMBER	EXP DATE
3-DIGIT CODE:	SIGNATURE	

DINING AT MARIANDALE

Mariandale's food services are not equipped to prepare completely vegan or gluten-free meals. As some products come from outside vendors and all types of food are prepared, we cannot guarantee an absence of allergens, such as gluten, nuts, and sesame. **Cross-contamination may occur and we cannot guarantee that any food item will be completely free of allergens.**

Each meal offers vegetarian choices, so that we can offer options. However, we do recommend that guests feel free to supplement our meal offerings with your own foods to assure safety and comfort. A guest refrigerator and microwave are provided on the Ground Floor for our guests' convenience as needed.

PLEASE CONSIDER DONATING TO THE CENTER AS YOU REGISTER.

It's important to note that our program fees do not cover our expenses for food, accommodations, presentation materials, and meeting rooms. The center subsidizes many underserved groups that attend programs at Mariandale, such as veterans, people without homes or support, people with disabilities, faith-based groups, school groups, and youth camps that use our pool and picnic grounds during the hot summer days.



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Please recycle.



St. Martin De Porres Celebration

Sunday, November 6, 2022
from 1 to 4 pm

Proud of its Dominican heritage, the Center at Mariandale honors St. Martin de Porres, the 17th century healer, friend of the poor, and patron saint of all who work for social justice.

Building An Inclusive and Anti-Racist Church



Gloria Purvis



James Martin, SJ

*Gloria Purvis and
James Martin, SJ
are featured speakers
for this virtual program*

Register for this Online Program
on our website at
www.mariandale.org

A Day of Dialogue and Reflection
Enduring Legacy, Future Vision:
**Celebrating
Pope Francis'
10th Anniversary**
**Friday,
March 31, 2023**
from 9 to 5 pm



Keynote Speakers:
*Nancy Pineda-Madrid, PhD
and James Martin, SJ*

Dedicated panels on Pope Francis' papacy from the lens of women and the church; synodality; care of the Earth, and care of the poor.

*Co-sponsors: Iona College, Manhattan College,
Mount Saint Mary College, and Sacred Heart University.*

Register at www.mariandale.org