Fall 2023 / Winter 2024
Retreats & Programs

Find Your Center at Mariandale

Photo by Meghian Pistorino

Read more about Mariandale’s retreats and programs, and register online at mariandale.org  Please register early!
FALL 2023 / WINTER 2024

Read more about our new retreats and programs, and register from the mariandale.org website

September 2023

Transitional Awakening: The Second Journey
Sat., Sept. 30, from 9:30 to 3:30pm
Presenter: Br. Don Bisson, FMS
Fee: $60 (Includes lunch)

October 2023

Discover the Gifts of the Labyrinth
Thurs., Oct. 5, from 9:30am to 3:30pm
Presenter: Rev. Dr. Nancy Gahles
Fee: $40 (includes lunch)

Thursdays Honoring Mary in the Month of the Rosary
Thurs., Oct 12, 19 & 26, 10am to 1pm
Presenter: Carol Mackey
Fee: $50 (series of 3) or $20 per session (Includes lunch)

How to Find Peace in Chaotic Times: Practicing the Four Heavenly Abodes
Thursdays, Oct. 12, 26, Nov. 9, 30, 5 to 6pm
Presenter: Fernando Camacho & Maeve Eng-Wong
Fee: Free will offering

Hearts of Flesh: Embracing our Deepest Selves before the Divine
Fri., Oct. 13, 4pm to Sat., Oct. 14, 4pm
Presenters: Mary Barber, MD & Rev. Nicole Hanley
Fee: $150 (includes overnight stay, all meals)

Hope Harvest Festival:
A Benefit for Mariandale
Honoring Fr. Francis Gargani, CSsR; Westchester Community Foundation; Kathryn and Jeffrey Wiegand.
Sunday, October 15, 4 to 7pm
Fee: $75 per ticket

Fall Writing Tuesdays
Tues., Oct. 17, 24, 31, 1:30 to 3:30pm
Presenter: Karen Rippstein
Fee: $90 for series, $30 per session

Wisdom Wednesday Book Club (Virtual)
Every 3rd Wed., Oct. 18 to Apr. 17
7 to 8pm on Zoom
Presenter: Sr. Pat Connick, OP
Fee: $100 (entire series)

Enneagram Retreat Day
Sat., Oct. 21, 9:30am to 3:30pm
Presenter: Sr. Judy Brunell, OP
Fee: $60 (includes lunch)

Head to Heart: A Contemplative Formation Reunion Weekend
Fri., Oct. 27, 5pm to Sun., Oct. 29, 1pm
Presenter: Br. Don Bisson and Sr. Jo-Ann Iannotti, OP.
Weekend Fee: $280

November 2023

Beatitudes: A Design for Living
Wed. Nov. 1, 10am to 3pm
Presenter: Sr. Peggy Murphy, OP
Fee: $40 (includes lunch)

St. Martin de Porres Day:
Model of Racial Healing and Reconciliation
Sat., Nov. 4, 10am to 2pm
Presenter: Reverend Maurice Nutt, CSsR
Fee: $40 in person (includes lunch)
Virtual only: $20

Meditative Art Journaling
Wed., Nov. 8 & 15, 1 to 3pm
Presenter: Karen Rippstein
Fee: $60 ($30 per session)

Heart–Centered Spirituality:
Information Session (Virtual)
Wed., Nov. 8, 7 to 8:30pm
Fee: Free

Gathering in Gratitude
Friday, Nov. 10, 10am to 2pm
Presenter: Carol Mackey
Fee: $40 (includes lunch)

Turning Points: Exploring Our Career Transitions Retreat
(Adults Under 45 Retreat Series)
Fri., Nov. 10, 5pm to Sun., Nov. 12, 1pm
Presenters: Gina Ciliberto, Laura Fairchild, Andrea Neustein
Fee: See Mariandale website for pricing.

Finding the Self in the Social Fabric: A Memoir Writing Workshop (Virtual)
Fri. Nov. 17, 7pm to Sun. Nov. 19, 1pm
Presenters: Lorraine Ash, Jennifer Lader, Jerry Waxler
Fee: $150

December 2023

Christian Mindfulness: Practice of the Presence of God
Fri., Dec. 1, 5pm to Sun., Dec. 3, 1pm
Presenter: Fr. Peter Pearson
Fee: $285 (includes private guest room, all meals)
Commuter $185 (all meals)

Nuns and Nones Retreat
Fri., Dec. 8, 7pm to Sun., Dec. 10, 1pm
Fee: $150

Advent: A Season of Anxious Waiting
Sat., Dec. 9, 9am to 12:30pm
Presenters: Gaynell Cronin, Fr. Jack Rathschmidt, OFM, Cap
Fee: $30, virtual and on-site.

The Spirituality of Christmas:
Exploring the Many Lessons of the Season
Friday, Dec. 15, 10am to 2pm
Presenter: Carol Mackey
Fee: $40 (Includes lunch)

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January 2024

**Rest, Read, & Renewal Retreat**  
(Adults Under 45 Retreat Series)  
Fri. Jan. 5, 5pm to Sun., Jan. 7, 1pm  
Fee: See Mariandale website for pricing

**Heart-Centered Spirituality: Information Session (Virtual)**  
Mon., Jan. 8, 7 to 8:30pm  
Presenters: Christina Leaño & Liz Walz  
Fee: Free

**Memoir/Life Writing Retreat**  
Fri., Jan. 12, 5pm to Mon., Jan. 15, 1pm  
Presenter: Magie Dominic  
Fee: $375 (includes private guest room, all meals)

**Burrowing Deep Silent Retreat**  
Thurs. Jan., 25, 5pm to Sun. Jan. 28, 1pm  
Spiritual Directors: Gaynell Cronin, Judy Schiavo, Sr. Maureen McMahon, RDC, Carol Mackey.  
Fee: $375 (includes private guest room, all meals)

**February 2024**

**Sanctuary: An LGBTQ Spirituality Weekend Retreat**  
(Adults Under 45 Retreat Series)  
Fri., Feb. 2, 5pm to Sun. Feb. 4, 1pm  
Fee: See Mariandale website for pricing.

**A Brush with God: The Bridegroom Icon Painting Retreat**  
Thur., Feb. 15, 5pm to Sun., Feb. 18, 1pm  
Presenter: Fr. Peter Pearson  
Overnight Fee: $550 (includes private guest room, all meals)  
Commuter Fee: $450 (all meals)

**Shine On Women’s Winter Weekend Retreat**  
Fri. Feb. 23, 5pm to Sun., Feb. 25, 1pm  
Presenter: Kacey Morabito Grean & Co.  
Overnight Fee: $285 (includes private guest room, all meals)  
Commuter Fee: $185 (all meals)

**March 2024**

**Drop the Rock Retreat Day**  
Saturday, March 2, 10am to 3pm  
Presenter: Sr. Peggy Murphy, OP  
Fee: $40 (includes lunch)

**Date Night for Married Couples**  
Sat., Mar. 9 from 5 to 8pm  
Presenters: Sr. Connie Koch, OP  
Fee: $80 per couple (includes dinner)

**Spring Writing Tuesdays**  
Tues., March 5, 12, & 19, 1:30 to 3:30pm  
Presenter: Karen Rippstein  
Fee: $90 for series, $30 per session

**The Last Seven Words of Christ**  
Wed., Mar. 27 from 7 to 8:15pm  
Presenters: Carol Mackey  
Fee: Free Will Offering (Chapel)

**Triduum: Holy Week Retreat**  
Thurs., Mar. 28, 5pm to Sun., Mar. 31  
Presenters: Fr. Francis Gargani, CSsR, musicians, dancers, and more...  
Fee: $375 (includes private guest room, all meals)

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**Coming Up: April 2024 (Next Brochure)**

**Heart-Centered Spirituality: Embodied Presence & Action**  
Join us for a year-long intensive program, designed to cultivate awakened presence in daily life. Visit our website for more detailed information and to apply.

**Dates:** Weekends: April 3-7, July 19-21, Nov. 13-17, 2024. Saturdays: May 18, June 15, Aug. 17, Sept 21, & Oct. 19

**Presenters:** Christina Leaño, Liz Walz, Rev. Michael Wright

**Application Deadlines:**  
January 1: Early Bird (discount) Registration.  
February 1: Final Application Deadline.

**Revolution from the Heart: The Spirituality of Dorothy Day**  
Sat., Apr. 13 10am to 3pm  
For more details and to register, please visit our website.

**St. Catherine of Siena Environmental Summit:**  
Kareena Gore, Keynote Speaker  
Sat., Apr. 27, 9am to 2pm  
For more details and to register, please visit our website.

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**Weekly Online Sessions**

Please check our online calendar at the mariandale.org website for schedules during the year.

**Morning Prayer**  
Leaders: Gaynell Cronin, Fr. Jack Rathschmidt, OFM, Cap  
Mon, Wed., & Fri., 8:30am

**Guided Contemplation: Cultivating Awareness**  
Leader: Sr. Madeleine Tacy, OP  
Tuesdays, 6pm, Seasonal

**Contemplative Prayer for the World**  
Leader: Gaynell Cronin  
Thursdays, 11:30am, year-round

**Reading the Sunday Scriptures with a Contemplative Spirit**  
Leaders: Gaynell Cronin, Fr. Jack Rathschmidt, OFM, Cap  
Fridays, 11:30am, Seasonal

**Yoga for Relaxation, Rejuvenation & Balance**  
Instructor: Chris Glover  
Tuesdays, 6pm  
Attend this on-going series online or in-person.

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**Monthly Online Sessions**

**Healing Circle Online**  
Second Tues. of each month, 10:30am  
Leader: Beryl Hay

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**Bring Your Group to Mariandale**

From private guest rooms to meeting rooms to creative, healthy meals, we’ve got your needs covered. Visit our website, mariandale.org, to send a Group Event Inquiry Form, or email info@mariandale.org

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**Private Retreats**

Come stay at Mariandale for a private retreat for a few nights or a week. Private guest room and all meals are provided. Visit our Private Retreat page on the mariandale.org website, and complete a form to schedule.

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Hope Harvest Festival
Sunday, October 15, 2023
4 to 7pm
Honoring
Fr. Francis Gargani, CSSR
Westchester Community Foundation
Kathryn & Jeffrey Wiegand

Visit mariandale.org/hope-harvest-festival

The Center at Mariandale Welcomes

Reverend Maurice Nutt, CSSR
Keynote Speaker for St. Martin de Porres Day

"Martin de Porres: Model of Racial Healing and Reconciliation"
Saturday, Nov. 4, 10am to 2pm
Presented Virtually and in the Chapel

Visit mariandale.org to register online

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